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COURTESY CAM MCDANNOLD

# TekSavvy says Shaw not playing fair

## COMMUNICATIONS

ISP calling on its customers to complain to the CRTC



**Braeden Jones**  
Metro|Edmonton

Shaw Internet customers switching to TekSavvy in Edmonton are running up against what some say is preferential treatment from the Alberta-based telecommunications giant, which owns the infrastructure TekSavvy is using.

Leslie Parker, who switched from Shaw to TekSavvy, said her service was requested on July 8 but didn't go live until Aug. 6. She said a Shaw rep-

resentative told her "all Shaw had to do was flick a switch somewhere."

TekSavvy customer Jeff, who asked that his full name not be used, had his service disconnected when he switched from Shaw to TekSavvy, and had to wait 10 days before he was back online.

The situation has led to TekSavvy calling on all those who feel Shaw isn't playing fair to

complain to the CRTC.

"The issue is the inability of retailers who rely on wholesale network access to secure installation on the same timelines as providers," said Bram Abramson, chief legal and regulatory officer for TekSavvy.

The Canadian Network Operator's Consortium filed a complaint explaining this issue to the CRTC in September 2013. The CRTC responded

in February of this year that the issue had "the potential to create barriers to effective competition," but there is "insufficient information on the record" to justify a regulatory response.

That's why Abramson said customers need to share their wait-time experiences with the CRTC.

"Their experience is the evidence the CRTC said they

didn't have," he said.

In an emailed statement, Shaw Vice President of External Affairs Chethan Lakshman said the company is working with companies like TekSavvy to resolve such issues.

"Shaw is fully engaged in these processes and looks forward to continuing to work collaboratively with our wholesale partners, and the rest of the industry on this effort."



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## ULTIMATE FRISBEE

# Edmonton to host 2016 championship



**Braeden Jones**  
Metro | Edmonton

Edmonton resident Dani Dugan is competing in Winnipeg this week in the Canadian Ultimate Championships (CUC), but she's already looking forward to next year when the tournament will be on home soil.

Dugan, the general manager of the Edmonton Ultimate Players Association (EUPA), said the event is a boon for the host city as more than 2,000 athletes compete, and it was announced Monday that the meet would be taking place in Edmonton next year.

The City of Edmonton has a mandate to attract special events and sports tourism. It's hosting the 2015 FIBA Americas championship this week, but Dugan said the benefits an event of this scale has on the city are matched by the benefit on the local sport scene.

She said the championship tournament is "huge" for the niche yet growing sport's exposure.

"There are major developments in the sport over the past few years," Dugan said, noting a proliferation and expansion of professional and semi-professional Ultimate leagues. "It's gaining popularity."

Last week, the World Flying Disc Federation was officially recognized by the International Olympic Committee, one of the first steps towards Ultimate becoming an Olympic sport.

Dugan said the CUC will bring high-calibre play the likes of which most people will have never seen before.

"It's faster-paced games than what you'd see on a recreational level, with a lot more depth and skills and throwing ability," she said.

"A lot more well-trained athletes are on the field."

**There are major developments in the sport over the past few years.**

Dani Dugan



**Holly Arnason, a digital literacy librarian at Edmonton Public Libraries, shows off some of the little pieces that are now available for patrons to use.** KEVIN TUONG/FOR METRO

# A bit of invention

## LITERACY

## Maker space at Milner library lets kids build anything small



**Ryan Tumilty**  
Metro | Edmonton

Alongside the recording studio, the 3D printers and book binding machine, the maker space at Stanley Milner Library has a new tool allowing patrons to build anything they want — as long it's small.

The library has unveiled a little bits program that allows kids and beginners to experiment with basic circuitry to create all kinds of small projects.

The "bits" connect like Lego pieces, but instead of just stacking together the pieces are circuits allowing users to add in lights, fans and speakers controlled by pressure sensors, buttons or motion sensors.

Holly Arnason, a digital literacy librarian at Milner, said it's an opportunity to experiment with programming and circuitry, but at a really simple level.

"This is a really great platform for it, because we can (do) something as simple as lighting up a

**Everybody has a phone in their pocket, but what does it mean to have a gyro sensor?**

Holly Arnason

light all the way up to a complicated system," she said. "This is a really basic way of looking into how things are put together."

The "bits" can also be connected to the Internet, allowing programs to be set up so that when a tweet is retweeted, as an example a light turns on or

a motor spins.

"It's really interesting that you can take this and start to control physical objects using those Internet services as well," she said.

She said the system is also a chance to see some of the technology we are all using every day.

"Everybody has a phone in their pocket, but what does it mean to have a gyro sensor? What does it mean to have a light sensor?" she said.

"We can start to get people to understand in more detail what it is they're holding when they are holding their phone in their hand."

## IN BRIEF

### Suspected seniors home thief caught on film

Edmonton police want the public to help identify a man suspected of stealing tools and cash from a seniors home.

The break-in took place on Tuesday, May 5, at around 1 a.m. at a seniors

facility near 28 Avenue and 66 Street. The man took DeWalt tools and an undisclosed amount of cash.

The man is described as Caucasian, in his late 20s or early 30s, about five-foot-eight, with an athletic build. METRO



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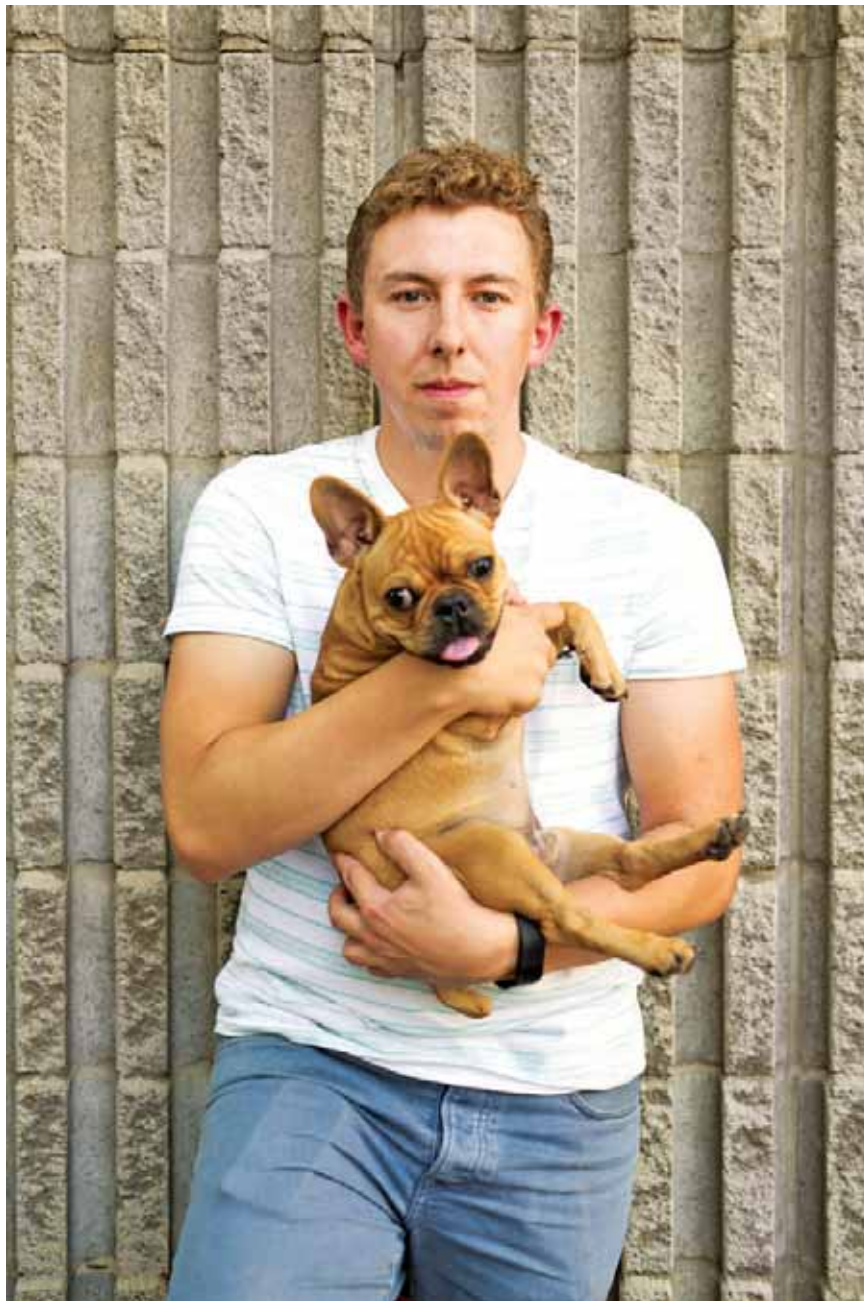
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Cam McDannold and his dog, Hobbes. McDannold says he's concerned about the welfare of a dog living in a minivan, and frustrated the city can't intervene. KEVIN TUONG/FOR METRO

# 'A dog should not live in a van'

## ENFORCEMENT

### Authorities confirm complaints but say there's little they can do



Andrea Ross  
Metro | Edmonton

A golden retriever that onlookers say has been locked for weeks inside a parked minivan has tempers rising as fast as the temperature inside the vehicle.

Cam McDannold first noticed the dog three weeks ago, panting heavily inside a Ford Windstar, parked in a commercial lot behind the Bubbles car wash on Jasper Avenue and 116 Street.

McDannold, who lives behind the parking lot, said he's never seen the dog's owner take it out of the vehicle for a walk or a break from the heat. The front and back windows are always left slightly open for the dog, but the owner leaves the lot for only a few minutes at a time each day.

McDannold decided to call 911 out of concern for the dog's welfare.

"The fire trucks came almost immediately, but they couldn't do anything because they said the animal wasn't in distress," McDannold said. "I guess it wasn't hot enough. He was parked in the shade that day."

The Edmonton Police Ser-

vice, Edmonton Humane Society and the City of Edmonton have all confirmed they've received multiple complaints about the vehicle. But unless the dog is in obvious grave danger, none of them have authority to remove the animal.

"Unfortunately, there's no bylaw that says you can't leave your dog in a car," EHS spokeswoman Karen Meurer said. "Unless we see the dog in major distress, there's nothing we can do."

Meurer said EHS animal protection officers have checked on the dog and spoken with the owner. She said he lives in a pet-free apartment but needs the dog to remind him to take his insulin shots.

Despite the unusual accommodations for the pet, Meurer said the owner isn't actually doing anything particularly wrong in leaving it in a vehicle.

"We all know it's not the greatest thing to do, but there's no law against it," she said. "He's not harming the dog in

“

**Unfortunately, there's no bylaw that says you can't leave your dog in a car.**

EHS spokeswoman  
Karen Meurer

any way. He's leaving the window open, he's leaving water in there for the dog. He's actually doing everything right.

"But it's still really not the best to leave your dog in a hot vehicle, especially this week.

With temperatures expected to rise into the 30s this week, McDannold said he's at a loss for what to do as the risk to the dog rises with the temperature.

"(The bylaw) is pretty goofy. This dog is confined to a van 24 hours a day; it's pretty ridiculous," he said.

"I don't want the dog to suffer, a dog should not live in a van. I wish I had a solution."

## + BACKGROUND

The City of Edmonton frequently investigates pet-related complaints such as failure to clean up poop, dog bites or attacks and excessive barking, and pet owners can face fines of up to \$2,500 for violating the city's Animal Control bylaw.

But while the bylaws cover issues such as stray animals, prohibited pets,

limits of animals, licensing and even leg hold traps, the city can't intervene in cases of dogs left in vehicles unless the animal is in grave danger.

The best thing to do if you're concerned about an animal left in a hot vehicle is to call Animal Care and Control or the Edmonton Humane Society.

## POISONOUS GAS

### Pipeline gas could take days to burn off

It could take several days to dispose of poisonous gas that mistakenly got into a major Canada-U.S. natural gas pipeline operated by a Calgary-based company.

Alliance Pipeline, whose B.C.-to-Chicago system has been shut down since Friday, started burning off the gas at two locations in southeastern Saskatchewan on Sunday.

In an online notice, Alliance said flaring was the safest way to get rid of the gas that was contaminated with poisonous hydrogen sulphide, or H<sub>2</sub>S.

It said people in the Alameda and Arcola areas of Saskatch-

ewan may see and hear the gas being burned, but it shouldn't have any odour. Residents are being asked to avoid the immediate area as a precaution.

Natural gas processor and transporter Keyera Corp. said Friday that the toxic gas got into the Alliance pipeline after a "brief operational upset" at its Simonette gas plant in northwestern Alberta two days earlier.

Among the services Simonette provides to customers is "sour gas sweetening," or handling gas from deposits that naturally contain H<sub>2</sub>S.

THE CANADIAN PRESS



**REVITALIZATION PUT THE 'E' IN SELFIE** An eight-foot tall 'E', created by artist Jordan Tomnuk, is part of a campaign between the city and downtown partners — including the Oilers' several companies — to celebrate revitalization. The city is encouraging people to take selfies with the E and share them on social media. KEVIN TUONG/FOR METRO

## LONDON

### Former Alberta Ballet dancer killed in crash

A former Alberta Ballet dancer in London, England Sunday is being remembered as an "exceptional" dancer who had a major impact in his field worldwide.

Jonathan Ollivier was killed August 9 after his motorcycle collided with a car. Reports say he was on his way to his final performance of The Car Man, in which he was a principal dancer.

Ollivier was a principal dancer with the Alberta Ballet from 2007 to 2009. He leaves behind a wife and son.

"Jonathan was exceptional from the minute he arrived," Alberta Ballet Artistic Director

Jean Grand-Maitre said. "He was a great dancer, an amazing friend, and everyone loved him very much." METRO



Jonathan Ollivier  
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A stop sign in Iqaluit, where Inuktitut is an official language spoken by a majority of residents. Some experts believe Inuktitut, Cree and Ojibway are the only aboriginal languages that will survive beyond 2100. FLICKR/CREATIVE COMMONS LICENSE/ANICK-MARIE

# Indigenous languages disappearing in Canada

## EDUCATION

### U of A summer program working to fight trend

**Michelle Falk**  
For Metro | Edmonton

A long-running summer program at the University of Alberta is part of a growing push to stop the disappearance of indigenous languages in

Canada, which some say could fall from 60 to just three by the end of the century.

The program is called CILLDI (pronounced 'sill-dee'), and provides indigenous language activists training in an effort to push back against the trend.

Jordan Lachler, director of CILLDI, in the department of linguistics at the University of Alberta said by 2100 it's possible that only three indigenous languages are likely to remain spoken in Canada: Cree, Inuktitut and Ojibway.

"Traditional language was taken from (indigenous people



**Traditional language was taken from (indigenous people in Canada), not something that they decided with free choice to give up.** Jordan Lachler, director of CILLDI

in Canada), not something that they decided with free choice to give up," said Lachler.

Restoring a language is part of restoring identity, he added. The program Lachler helps run is part of a tool kit to assist indigenous communities fighting for identity.

Students travel from all over the country for the three-week

intensive summer classes. They attend for three years, to earn a community linguistics certificates.

On average, eight languages are represented, so courses teach linguistic function and educational strategies, rather than specific languages.

CILLDI instructor Sarah Shulist said you have to under-

stand the structure of a language to teach it.

For example, she said Cree distinguishes between animate and inanimate things, as French distinguishes between masculine and feminine articles.

As the program nears the 100-graduate mark, directors of CILLDI make plans to assess the programs restorative effectiveness.

"Our next phase, that we're gearing up for now, is building partnerships with the communities where we've had multiple students go through and get their certificate," Lachler said.

## MINIMUM WAGE

### ECC asks province for help

Edmonton businesses asked the province's finance minister Monday to consider easing the pain they anticipate of an increase to the minimum wage.

Alberta's minimum wage is set to rise to \$11.20 this fall as part of a gradual plan to move to \$15 an hour by 2018. The wage was among several topics brought to Finance Minister Joe Ceci when he spoke with members of the Edmonton Chamber of Commerce Monday.

Janet Riopel, the chamber's CEO, said businesses fear the pressure and the economic effect that will come from the increase to \$15. She said they're not outright opposed, but hope government can think about the broader picture.

"We feel that it needs to be looked at in a different way. It's not just a matter of increasing minimum wage over a short period of time," she said. "It's the trickle up effect."

Riopel said there are other costs beyond just wages including training and benefits and they're want government to take more time to consider the implications.

"We have encouraged the government to slow things down a little bit, to consult more with small business," she said.

Ceci said the government is committed to increasing the minimum wage as it promised, but he heard some reasonable ideas from the businesses in the room about the increase.

"They had some solutions in terms of the supports they might like businesses to receive in order to follow through with that," he said. He said he heard suggestions for lower wages for younger employees or during training periods, but he was non-committal on any changes. "I will bring them back to discussions at cabinet with my colleagues."

RYAN TUMILTY/METRO

## POLITICS

### Oil price makes for a difficult budget, uncertainty



**Ryan Tumilty**  
Metro | Edmonton

As the provincial government starts work on the fall budget it's facing a much more uncertain fiscal picture than when the last budget was written.

Before they lost the spring election, the Progressive Conservatives introduced a budget with a \$5-billion deficit and with anticipated revenues based on an oil price predicted to average around \$55 per barrel.

Oil closed Monday under \$45 a barrel and has been trending downward for several months.

Finance Minister Joe Ceci said the NDP government will simply have to take that into account.

"Oil is what it is and we will just have to take a good view of what we think it will be in future years and build our budget accordingly," he said.

Ceci didn't provide an exact figure on Monday, but said the government's oil price forecast for the coming budget would be restrained, though slightly

higher than where oil is trading now.

"We're taking not a totally conservative view, but one that looks at a realistic number going forward," he said.

Jack Mintz, President's Fellow at the University of Calgary's School of Public Policy, said the province is losing a lot of potential revenue with the drop in oil prices.

"That could have at least a \$1-billion impact on the budget, also natural gas prices are soft so that's not helpful,

either," he said.

He said the lower energy prices would also hurt other government revenues.

"All of those things are going to drag down things like corporate profits and personal income taxes," he said.

Mintz encouraged the government to draft a budget with low estimates on energy prices, so the province is prepared for the worst.

"Being prudent and pessimistic is not a bad idea and then if you do better than that, people give you credit."



**Finance Minister Joe Ceci speaks with reporters following a meeting with the Edmonton Chamber of Commerce on Monday.**

RYAN TUMILTY/METRO

## IN BRIEF

### Death of baby unexplained

A judge says an Edmonton foster mother did nothing that contributed to the death of a baby in her care four years ago. Four-month-old Delonna Sullivan was found unresponsive in a bassinet six days after social workers placed her in the foster home. An autopsy found the infant was healthy and the cause of her death was listed as unexplained. Provincial court Judge Steven Bilodeau made no recommendations in his fatality inquiry report.

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# Travel ban called 'racist'

ELECTION 2015

**Visiting family, providing aid may be affected, some worry**



**Gilbert Ngabo**  
Metro | Toronto

The scarcity of details about the Conservative Party's promise to ban travel to terrorism hotbeds has people such as Maria al-Masani worried she may never see some family members again.

"This is awful," said al-Masani, who came to Toronto from Yemen more than 10 years ago and who runs Yemen Rights Monitor, a blog that reports human rights violations.

"If I can't go to Mukalla, I say, 'Bravo'. That's where the bad guys are and nobody should go there," she said. "But if I can't go to the whole of Yemen to see and help my family, I think that's really racist."

It is already a crime for Canadians to travel with the aim of participating in terror-related activities. A re-elected Conservative government would take things further, passing legislation to prevent travel to regions controlled by terror groups, Prime Minister Stephen Harper said over the weekend.

Harper has yet to explain the fine print of the pledge, including exactly what areas or countries would be affected. And, while Conservative staffers have said there would be exemptions available to diplomats, aid workers and journalists, there's still concern about what that means.

Rachel Pulfer, executive direc-



**Prime Minister Stephen Harper speaks during a campaign stop at Saint Mark Coptic Orthodox Cathedral in Markham, Ont., on Monday. His proposed travel ban to terrorism hotbeds is being deemed by some as excessive and a violation of human rights.** SEAN KILPATRICK/THE CANADIAN PRESS

tor of Toronto-based Journalists for Human Rights, said it would be "excessive" to put the onus on individuals to justify their travel.

"It would result in an awful lot of irritating and unintended consequences," she said, adding the policy would create extra red tape for people "who have zero connection to terrorist activity."

Pulfer's organization works to strengthen human-rights reporting in countries such as Jordan and Sudan, and Pulfer worries their work could be affected.

"It may slow down our activities and may entail additional costs in both time and money," she said.

## ITINERARIES

### Where the leaders are:

Today, Mulcair is scheduled to be in Quebec, Trudeau will be in Montreal, and Green Party Leader Elizabeth May will be in B.C. Harper's itinerary was unavailable.

THE CANADIAN PRESS

Harper continued pressing an anti-terrorism agenda on the campaign trail Monday, which included a stop in Markham.

Depicting his party as the only one capable of keeping

Canadians safe, Harper strongly defended the use of Canadian warplanes against the Islamic State of Iraq and the Levant (ISIL) and promised Canada would take in more refugees from the affected region.

Harper brushed off the criticisms of NDP Leader Tom Mulcair and Liberal Leader Justin Trudeau, who reject military action and have urged that Canada stick to providing humanitarian aid.

"If your policy is humanitarian assistance without military support, all you're doing is dropping aid on dead people," Harper said.

WITH FILES FROM THE CANADIAN PRESS

# Reporter accepts kisser's apology



**Emily Jackson**  
Metro | Vancouver

## ONGOING ISSUE

Megan Batchelor hasn't been the only reporter to be disrupted on live television lately. "This is just something that's happening way too often," she said, noting many colleagues have experienced similar things or have been shouted at with the inexplicably popular phrase "F— her right in the p—," predominantly directed at female TV reporters.

CBC reporter Megan Batchelor has accepted an apology from the teen that ambushed her live broadcast to kiss her cheek and take a selfie at the Squamish Valley Music Festival.

Batchelor, who filed a report with Squamish RCMP about the Friday incident that left her angry and embarrassed, spoke with the 17-year-old Saltspring Island resident Daniel Davies after he reached out to her on Monday.

"He's utterly embarrassed, totally remorseful, and he said all the things we wanted him to say," she told Metro on Monday.

And Davies owned up to what happened. Speaking to Batchelor on a clip that aired on CBC radio, Davies' voice shook with emotion as he apologized.

"I was reading a lot of comments saying that things do happen at festivals, but I don't think that is right at all. Honestly, I think at the moment I thought it was a joke, then I stepped in your shoes. That's when I kind of realized that it all was not a joke at all," Davies said.

"That's your career. It's also your body, and you have complete control over that

and without anyone else's consent, they do not have the right to do anything to anyone.

"I wish I understood that before I did it, but like I said, I made the mistake already and I want to make the best of the situation."

Batchelor is relieved Davies is taking the incident seriously.

The complaint is in the RCMP's hands, but she told CBC she does not want to see him end up with a record.

"I'm not offended by a kiss on the cheek, I'm not a prude. I'm offended that someone felt like it was OK for someone to bombard me while I'm doing my job," she said.

**This is a conversation that needs to be happening.**  
Megan Batchelor

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# Shooting report released

OTTAWA

## City reverses decision to censor Oct. 22 attack findings



**Steve Rennie**  
Metro | Ottawa

There were not enough security guards on duty to quickly lock down Ottawa City Hall the day a lone gunman shot and killed a soldier on sentry duty at the National War Memorial and stormed Parliament Hill. The three guards stationed at City Hall needed the help of by-law officers — who fortunately happened to be in the building — to help them secure the premises after Michael Zehaf Bibeau launched his deadly attack last October.

"It is not possible for the three security guards that work within the facility to conduct a quick and effective lockdown of the City Hall and Heritage building with the existing physical security strategies and equipment."



**A police officer secures the scene of a shooting on Parliament Hill in Ottawa on Wednesday, Oct. 22, 2014.** ADRIAN WYLD/THE CANADIAN PRESS

That is just one of the findings of a trio of reports that looked at how the city responded to the Oct. 22, 2014 attack in the nation's capital — including one with a list of recommendations city staff had refused to divulge.

The findings of the reports call into question the city's assessment of its response to the attack, which lauded Ottawa's

emergency management program as being "effective and efficient." Indeed, one of the reports found a "lack of guidelines, policy, plans or procedure for city facilities in relation to protective measures for staff and the facilities."

It found internal communications to city staff and people inside City Hall were "slow and

inconsistent," while the message relayed to these people were "not precise with clear instructions/directions." The report also says there were "inter-agency struggles in relation to roles and responsibilities."

These findings are now coming to light following Metro's complaint to the province's information commissioner over the

20

The city's report contains 20 recommendations that city hall had previously refused to divulge.

city's decision to censor all of the recommendations of its March report on the city's response to the October 2014 shooting.

The city has now released all 20 of the recommendations it had previously refused to divulge (the censored copy of the report released to Metro in June wrongly said there were 94 recommendations). The recommendations in the city's report are based on the findings of two separate reports done by consulting firms Lansdowne Technologies Inc. and Security Through Safe Design Inc.

The city is now acting on some of the recommendations, Di Monte said. One of the first orders of business was to deal with the security camera issue. It's too soon to say whether the city will bring in more security guards, Di Monte added.

## IN BRIEF

### Hells Angels trial could see up to 300 witnesses called

A murder trial for five alleged Hells Angels has begun, with the Crown saying it might call as many as 300 witnesses.

Yvon Tanguay, Claude Berger, Francois Vachon, Sylvain Vachon and Michel Vallieres are facing charges of murder and conspiracy.

The Crown alleges they took part in the biker war from 1994 and 2002 to help the Hells expand its turf and control the trafficking of drugs. THE CANADIAN PRESS

### Grizzly shot while invading the home of B.C. hunter

The first hint that there might be some trouble in the Traverse family home Sunday morning came from the dog's barking. Niki Traverse ran to bedroom and used enough expletives to convince her husband there really was a bear in the house. Mark Traverse is a hunter and keeps his guns locked in their bedroom. He put on his pants and loaded his gun. Two shots put the bear down in the middle of their kitchen. THE CANADIAN PRESS

TREATY

## Enforce anti-dump measures: U.S. senator

A Michigan senator wants to invoke a U.S.-Canada treaty to prevent construction of a nuclear waste disposal facility about one kilometre from Lake Huron.

U.S. Sen. Debbie Stabenow says she's seeking a study by the International Joint Commission of risks the project might pose to the Great Lakes.

The Michigan Democrat's bill would order the U.S. State Department to ask Canada to delay a decision on the waste facility until the study is finished.

Ontario Power Generation wants to bury hundreds of thousands of cubic metres of low- and intermediate-level nuclear waste 680 metres underground at a site near Kincardine, Ont.

The company says there's virtually no chance the project will contaminate the lake, but opponents say anything could happen.

Approval of the project rests with Environment Minister Leona Aglukkaq, who has said she'll make a decision by Dec. 2. THE ASSOCIATED PRESS, WITH FILES FROM THE CANADIAN PRESS

HEALTH STUDY

## Methadone lowers HIV transmission

Increasing access to methadone treatment through primary-care doctors and pharmacies significantly cuts the spread of HIV, according to research involving Vancouver residents addicted to opioids.

Injection-drug users who were not prescribed methadone were almost four times more likely to become HIV-positive, found the study, published in the medical journal The Lancet HIV.

Methadone treatment prevents withdrawal from opioids such as heroin.

The findings provide critical support for British Columbia's methadone maintenance program, which is currently being reviewed by the provincial government, the study's lead author said.

"If you were on medication for your diabetes but you had to travel across your city to get your medication every day from a specialty clinic, and not go to your pharmacy around the corner, you'd be significantly less likely to go," said Dr. Keith Ahamad, with the BC Centre for Excellence in HIV/AIDS.

The treatment has been controversial, and the government's review involves some pharmacies being shut down because staff were providing financial incentives to patients filling their prescriptions.

Overall, the province has been supportive of the strategy to combat transmission of the AIDS-causing virus, Ahamad said.

Health Canada handed responsibility for methadone programs to the provinces in 1996, when the new study began.

Between 1996 and 2013, researchers followed 1,639 HIV-negative injection drug users. They found the vast majority of 138 people who were infected with HIV over that time were not taking methadone.

Ahamad said people who can easily obtain methadone treatment may be less likely to engage in risky behaviours associated with spreading the virus.

HIV infections are rising where methadone treatment is illegal or only prescribed in specialty clinics — in jurisdictions such as in Russia and Indiana state, he said.

THE CANADIAN PRESS

**“Irrespective of all those other risk factors, methadone is protective.”**  
Dr. Keith Ahamad

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## TRANSPORTATION

## Less drunk driving with UberX: Study

Ride-share service UberX isn't just getting scrutiny from regulators in the U.S. Researchers at Temple's Fox School of Business in Philadelphia say the service might even save lives.

In their paper, *Show Me the Way to Go Home: An Empirical Investigation of Ride Sharing and Alcohol Related Motor Vehicle Homicide*, scholars Brad N. Greenwood and Sunil Wattal report that in California, "the entrance of UberX result(ed) in a 3.6 per cent — 5.6 per cent decrease in the rate of motor vehicle

homicides per quarter."

In other words, UberX has a positive impact on reducing drunk driving.

The study goes on to say that traditional Uber services do not have the same impact on DUIs. There's something special about the UberX service itself.

UberX, ride sharing app Uber's low-cost option, essentially empowers everyday people with cars to act as de facto cab drivers, picking up users and dropping them off via Uber's app.

JOSH KRUGER/METRO PHILADELPHIA

## INTERNATIONAL SPACE STATION

## First space-grown meal eaten in orbit

These are the salad days of scientific research on the International Space Station. On Monday, for the first time astronauts munched on red romaine lettuce that they grew in space.

After clicking their lettuce leaves like wine glasses, three astronauts tasted them with a bit of Italian balsamic vinegar and extra-virgin olive oil.

Astronaut Kjell Lindgren pronounced it awesome, while

Scott Kelly compared the taste to arugula. They talked about how the veggies added colour to life in space.

If astronauts are to go farther in space, they will need to grow their own food and this was an experiment to test that.

Astronauts grew space station lettuce last year but had to ship it back to Earth for testing and didn't get to taste it.

THE ASSOCIATED PRESS



**A crop of red romaine lettuce from the International Space Station's veggie plant growth system.**

NASA VIA THE ASSOCIATED PRESS

## IN BRIEF

### Columbia House files for bankruptcy protection

The company that once offered to sell you eight CDs for 1 cent has filed for Chapter 11 bankruptcy protection after almost 20 years of falling sales.

The parent of the Columbia House music and DVD clubs said Monday it plans to sell its Columbia House DVD Club business, which sells recorded movies and TV series directly to consumers, through a bankruptcy auction. THE ASSOCIATED PRESS

### Accused 'Slender Man' killers stay in adult court

A Wisconsin state judge ruled Monday that two girls accused of stabbing a classmate to please the online horror character Slender Man will stay in adult court, where they could face decades in prison.

The 13-year-old girls' attorneys had sought to transfer their cases to the juvenile court system, where they could be held for only five years.

THE ASSOCIATED PRESS



**Jonathan Tremaine kneels on the steps of the Thomas F. Eagleton Federal Courthouse at the start of a protest outside the building, Monday, in St. Louis.** JEFF ROBERSON/THE ASSOCIATED PRESS

# An anniversary of violence in Ferguson

## MISSOURI

## Police shoot young man, claim they were returning fire

A man who authorities say opened fire on officers in Ferguson, Mo., on the anniversary of Michael Brown's death was critically wounded when the officers shot back, St. Louis County's police chief said early Monday.

Chief Jon Belmar said at a news conference that officers had been tracking the man, who

they believed was armed, during a protest marking the death of Brown, the black, unarmed 18-year-old whose killing by a white Ferguson police officer touched off a national "Black Lives Matter" movement.

The man approached the officers, who were in an unmarked police van, and opened fire, Belmar said. The officers returned fire from inside the vehicle and then pursued the man on foot when he ran.

The man again fired on the officers, the chief said, and all four officers fired back. He was struck and fell.

The man was taken to a hospital, where Belmar said he was

**“There is a small group of people out there that are intent on making sure that peace doesn't prevail.”**

St. Louis County Police Chief Jon Belmar

in "critical, unstable" condition. Authorities didn't immediately release the identities of anyone involved, but Tyrone Harris told the St. Louis Post-Dispatch that

the injured man was his son, 18-year-old Tyrone Harris Jr.

None of the officers was seriously injured. All four have been put on standard administrative leave. They were not wearing body cameras, Belmar said.

The shooting happened shortly after a separate incident that the chief called "an exchange of gunfire between two groups" rang out around 11:15 p.m. Sunday while protesters were gathered on West Florissant Avenue, a business zone that saw rioting and looting last year after Brown's killing. The shots sent protesters and reporters running for cover.

THE ASSOCIATED PRESS

## TURKEY

## Crackdown on ISIL, Kurds, Marxists

Two female assailants opened fire at the U.S. Consulate in Istanbul on Monday and at least six Turkish security forces were killed elsewhere in a day of heavy violence in Turkey, where a government crackdown has targeted militants from the Islamic State of Iraq and the Levant (ISIL), Kurdish rebels and far-left extremists.

Turkey has seen a sharp spike in clashes between security forces and rebels of the Kurdistan Workers' Party, or PKK, in the wake of its campaign against PKK targets in Iraq in tandem with airstrikes against ISIL militants in

Syria. Hundreds of suspected militants have also been rounded up at home.

No one was hurt in the attack on the U.S. Consulate, which came just weeks after Turkey agreed to take a more active role in the U.S.-led campaign against ISIL and to allow the U.S.-led coalition to use its bases in the fight. On Sunday, the U.S. military announced that a detachment of six F-16 fighter jets and some 300 personnel had arrived at Turkey's southern Incirlik Air Base.

A far-left group that carried out a 2013 suicide bombing

## + BACKGROUND

Turkey has recently started taking a more active role against ISIL militants. Last month, it conducted aerial strikes against ISIL positions in Syria and agreed to let the U.S.-led coalition use its bases for its fight against ISIL.

THE ASSOCIATED PRESS

on the U.S. Embassy in Ankara claimed it was involved.

Both assailants fled, and one was later shot and taken into custody. The Revolutionary People's Liberation Army-Front, or DHKP-C identified her as 51-year-old Hatice Asik and said she was a member of the group, which is considered a terrorist organization by the U.S. and Turkey. The other assailant was still at large.

In a statement on its website the group described Asik as a "revolutionary" fighting American oppression and vowed to maintain its struggle until Turkey is "cleared" of all U.S. bases on its territory. THE ASSOCIATED PRESS



## HUNGARY

## Asylum requests double

Hungary has received 110,000 asylum requests so far in 2015, more than double the total for all of last year, the head of the country's immigration office said Monday.

Zsuzsanna Vegh said registered asylum seekers were directed to one of Hungary's refugee centres to await decisions over their requests, but that most leave the country before their cases are settled.

"A significant number of those who we send (to the centres) never arrives at the institution," Vegh said on state radio, adding that they were now sheltering some 4,500 refugees, double their normal capacity.

Hungary received 42,777 applications for asylum in 2014.

Alarmed by the growing numbers of migrants, Hungary's government is building a 175-kilometre fence on the border with Serbia, which is scheduled to be finished by Aug. 31.

Planned to be 4 metres high, for now only three strands of razor wire have been laid out on sections of the border where the government says human traffickers are most active. An Associated Press video journalist saw galvanized steel posts and rolls of wire mesh in the border area, expected to be assembled soon.

In Budapest, hundreds of migrants gathered near the city's main railway terminals, waiting to go to a refugee centre or to countries further west in the European Union, such as Germany or the Netherlands.

Sitting at Pope John Paul II Park, near the Keleti train station, a 26-year-old man from the Syrian city of Homs said the fence would not deter those escaping war and extreme poverty.

"We have mostly walked over 3,000 kilometres to come to Europe," said the refugee who would give only a nickname, George. "Some wires are not going to stop us."

Hungarian national police say they detained an average of 1,530 migrants a day in the week before the fence construction began on Aug. 3. In the week since, the daily average was 1,543.

Babar Baloch, spokesman for the UN's refugee agency in Central Europe, said the number of refugee families with young children was rising.

"The trend is clearly that the refugees are on the move," Baloch said, adding that his organization was also encountering more and more unaccompanied children whose parents, in one example, had died after their boat capsized near Greece.

THE ASSOCIATED PRESS

# Greek coast guard saves 1,417 migrants from sea

## GREECE

## Hundreds more reach coast and walk to main towns

Greece's coast guard rescued more than 1,400 migrants near several Greek islands in the eastern Aegean Sea over the past three days as the pace of new arrivals increases, authorities said Monday.

Tens of thousands of people, many of them fleeing conflict in Syria and Afghanistan, have

been making their way from the Turkish coast to nearby Greek islands in inflatable dinghies, overwhelming cash-strapped and understaffed authorities on the islands. The vast majority then head to mainland Greece and from there, try to reach more prosperous European Union countries by either walking across the Balkans from northern Greece, or sneaking onto Italy-bound ferries from the west.

The 1,417 migrants rescued between Friday morning and Monday morning were picked up at sea in 59 incidents off the coasts of the islands of Lesbos,

Chios, Samos, Agathonisi and Kos, the coast guard said.

Those figures do not include the hundreds of others who manage to reach the islands' coasts themselves, walking to the main towns to turn themselves in to local authorities and receive registration papers.

The increasing pace of arrivals comes on top of the roughly 124,000 migrants who reached the Greek islands by boat in the first seven months of 2015. In July alone, there were 50,000 arrivals, about 70 per cent from Syria. Most land on five islands: Lesbos, Chios, Kos, Samos and Leros.

# 124,000

Roughly 124,000 migrants reached the Greek islands by boat in the first seven months of 2015 — a 750 per cent increase from the same period last year, according to UNHCR.

In all, 156,726 migrants had been arrested for entering or remaining in the country illegally from January through July this year, compared to 32,070 for the same period

last year, the Greek police said.

The numbers have overwhelmed cash-strapped and understaffed police and coast guard officials on the islands, where authorities are unable to keep up with the new arrivals and process them fast enough, leaving many living on the streets or in precarious temporary shelters.

Tension has often escalated on several of the islands, with fights breaking out among groups of migrants, or between migrants demanding faster processing and coast guard or police officers.

THE ASSOCIATED PRESS



Migrants wait behind a fence for a registration procedure outside a police station at southeastern island of Kos, Monday. YORGOS KARAHALIS/THE ASSOCIATED PRESS

## HMS HOOD

## Bell recovered from ship sunk in WWII

An American philanthropist and investor has recovered a bell from a British battleship that was sunk in the North Atlantic during World War II.

A team led by Microsoft co-founder Paul Allen retrieved the bell from the HMS Hood, once the largest warship in the world and the Royal Navy's symbolic flagship. The Hood was sunk by the German ship Bismarck in the Denmark Strait between Greenland and Iceland in 1941. All but three of

the Hood's 1,418-strong crew perished.

A first attempt in 2012 to recover the bell from the wreck — lying at 2,800 metres (9,186 feet) deep — failed because of poor weather conditions and technical difficulties. Britain's Royal Navy and Allen's website said Monday a second try, using a remotely operated vehicle and working with shipwreck search company Blue Water Recoveries, succeeded on Friday.

THE ASSOCIATED PRESS

## IN BRIEF

### Teacher faces sex charges

A former teacher who was arrested in January over accusations of having sex with two students now faces more charges. The Louisiana Attorney General's Office says 40-year-old Kimberly Cooke was booked Friday on five counts of carnal knowledge of a juvenile. It was her second arrest on sex charges. It remained unclear Monday whether the five counts involve the same students.

THE ASSOCIATED PRESS

## STUDY

## Parasite in tadpoles just one more threat

Scientists have identified a new problem for amphibians, which are already shrinking in numbers: A parasite is infesting tadpoles worldwide.

The family of parasites, related to a bug that attacks oysters, has been found in the livers of frogs and tadpoles on three continents and in both temperate and tropical climates.

Researchers linked it to a mass die-off of tadpoles in a state of Georgia lake and prob-

ably elsewhere in the United States.

The global distribution of the newly identified threat to frogs was published Monday by the Proceedings of the National Academy of Sciences.

Study lead author Thomas Richards said amphibian numbers are already falling because of habitat loss, climate change, fungus and other diseases.

He said this new parasite is just one more threat.

THE ASSOCIATED PRESS



## DIET PEPSI

## Aiming for sweet spot — just not in Canada

A revamped Diet Pepsi without aspartame is popping up on store shelves in the U.S. So will people start flocking back to the soda?

PepsiCo says its new Diet Pepsi should be available across the U.S. this week. In response to customer feedback, the company said earlier this year that it would replace the aspartame in the drink with another artificial sweetener that has less baggage.

But Canadians won't be seeing the new format. Diet Pepsi in Canada will continue to be sweetened with aspartame, the company wrote in an email to The Canadian Press.

"There are no changes to any cola beverages in Canada at this time," said Sandy Lyver

of PepsiCo Beverages Canada.

The rollout in the U.S. will test the theory that the sweetener is to blame for fleeing customers, or if other issues might be at play. Other diet sodas that still have aspartame include Diet Coke, Diet Dr Pepper and Fanta Zero.

Sales of traditional diet sodas have been falling. Industry executives blame the free-fall on unfounded concerns people have about aspartame. Two years ago, Coca-Cola even tested ads in select newspapers defending the safety of the sweetener. "It's the No. 1 thing that our customers have been calling about," said Seth Kaufman, a senior vice-president at PepsiCo.

THE ASSOCIATED PRESS

# Cutting prices for moviegoers

## THEATRES

## Despite rising admission costs, there are tricks to saving money

Once a go-to family outing, trips to the movies are now almost as pricey as dinner at a nice restaurant.

Movie ticket prices in Canada and the U.S. have risen steadily over the last decade or so, from an average of \$6.21 in 2004 to \$8.17 in 2014. At Cineplex theatres, the country's largest chain, admission for an adult costs around \$13; for children and seniors, it's \$9 and \$9.50, respectively.

And Scene, Cineplex's points-based loyalty program, recently announced changes that will make it costlier to score free premium tickets. Customers currently need 1,000 points to watch any movie for free, but under the new rules, which go into effect Nov. 4, 3D screenings or tickets to an UltraVX or Imax feature will cost 1,500 points. Adult-only VIP shows will require 2,000 points.

Still, there are ways to reduce the cost of seeing a movie. Here are a few tips:

**Stay loyal:** New rules aside, a Scene membership is still an easy way to score free movies. Members receive a Scene card, which earns points for movies watched and offers discounts on snacks. There are also Scene debit and credit cards through Scotiabank. Members earn a point for every \$1 spent.

**Try Tuesday:** Cineplex offers discounted fares on Tuesdays. Tickets for a regular screening cost \$7.99. Scene members get an additional 10 per cent off.

**Go indie:** Rainbow Cinemas sells adult tickets for \$10; kids' and senior tickets are \$6 and students cost \$7.

**Head outdoors:** There are a number of free outdoor



A patron buys popcorn and a drink at a Cineplex theatre in Toronto. The cost of going to the movies has risen steadily over the last decade or so. CONTRIBUTED

# \$13

Adult admission costs around \$13 at Cineplex theatres. For children and seniors, it's \$9 and \$9.50, respectively.

screenings this summer.

Look for promos: Cineplex is offering a Family Favourites

deal, through which families can attend a Saturday matinee of an older movie for \$2.99 per ticket.

**Dine wisely:** Theatre popcorn and candy is marked up — so, to cut costs, consider taking your own food. For instance, major theatre chains can sell chocolate bars for \$4 to \$6.

The same candy is available at Dollarama for \$1 to \$2.

TORSTAR NEWS SERVICE

## TECHNOLOGY

## iPhone 6S launch set for Sept. 9

Apple is expected to host its next iPhone launch on Sept. 9, so what can we expect when CEO Tim Cook takes to the stage to unveil the new device?

BuzzFeed's John Paczkowski, who correctly called the date for last year's event, claims that according to his sources, Apple will again host its fall iPhone 6S launch on Sept. 9.

The 'S' suffix usually means more speed and the iPhone 6S and phablet counterpart, the iPhone 6 Plus S, will be getting a processor bump.

Sources believe that the updated devices will also feature Apple's new 'Force Touch' technology. Unveiled in March in the trackpads of its new MacBooks, Force Touch can respond differently to different types of pressure, so the weight of a tap or a swipe could conceivably activate specific features or open specific apps, for example. It also offers haptic feedback: if you press, it presses back so that you know you've made contact.

AFP

### IN BRIEF

#### Russian economy dives

Official government figures show that the Russian economy was 4.6 per cent smaller in the second quarter than the previous year in the wake of plummeting oil prices and Western sanctions.

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## metro's election explainer

### Can Conservatives legally outlaw travel to ISIL-controlled regions?

Maybe not, but it's murky. **What the PM says**

This week, Prime Minister Stephen Harper announced that if re-elected he would make it a criminal offence to travel to regions he called "ground zero for terrorist activity," particularly, members of his party later said, the parts of Syria and Iraq controlled by the group that calls itself Islamic State of Iraq and the Levant (ISIL). The measure is meant to prevent Canadians with radical views from leaving the country to join armed groups abroad. A similar rule exists in Australia, though in general blanket-travel restrictions are rare in developed countries. (It's unclear how useful this

ban would be, because the House of Commons passed a bill in 2013 that made it explicitly illegal to travel to another country to commit a terrorism offence.)

**What other leaders say**

Opposition leaders have dismissed the move as campaign-season bluster. Justin Trudeau accused Harper of trying to distract Canadians from the wobbly economy, while Thomas Mulcair said, "There's little evidence to show that this will have a concrete effect."

**What the law says**

Harper said travelling to

conflict hot spots is "not a human right." But the proposal could find the PM at odds with the Canadian Constitution, says University of Toronto law professor

Kent Roach. And that

means the policy might not hold up

in court if challenged under the Charter of Rights and Freedoms.

"It would limit the right of Canadian citizens under Section 6 of the Charter (of Rights and Freedoms) to leave Canada. It would have to be justified as a reasonable limit," Roach said.



**What rights groups say**

Some human rights lawyers are concerned the proposal promotes a guilty-until-proven-innocent mindset, while the Canadian Civil Liberties Association says it will disproportionately affect certain ethnic groups.

It isn't clear what exceptions would be allowed, but Conservatives confirmed that tourism, business and religious pilgrimages won't cut it. Even with exceptions, some groups fear the ban could put red tape and delays in the way of activists, filmmakers, journalists, people doing humanitarian or diplomatic work and those travelling to care for ill or elderly relatives.

The election explainer is dedicated to informing would-be voters without boring them. It will appear regularly in this space throughout the campaign. What would you like explained? Email us at [readers@metronews.ca](mailto:readers@metronews.ca).

## What cameras could do for cycling safety

### YOUR RIDE

Jay Smith



After a video of a British motorist trying to chase down a cyclist exploded the internet last week, I discovered "road rage against cyclists" is a YouTube genre. In the video, a man, red-faced with rage, gets out of his vehicle and tries to kick the cyclist but misses, loses his balance and falls face first, rolling head over heels into the gutter.

The clip is slapstick, but the video is depressingly familiar to cyclists, who face harassment and often have to explain the rules of the road to motorists. They face intimidation and violence as a result: The driver narrowly cuts off the cyclist, the cyclist chases down the driver to tell him as much, the driver sputters and swears about cyclists

not having the right to take up the whole lane, the cyclist says this isn't true. The driver assaults the cyclist.

Spoiler alert: In the overwhelming majority of videos I watched, cyclists were defending their rights to occupy space on the road and explaining, frequently politely, that the driver's behaviour is dangerous or illegal. These videos have titles like "Driver Punches Cyclist — Caught on a Cam" or "Aggressive Driver Assaults Cyclist."

These videos made me wonder: Are cyclists in Edmonton riding with video cameras as a security precaution? Considering the incredible amount of harassment that cyclists — and female cyclists, in particular — face, could it be that cyclists in this city are finding ways to document when they're treated badly by those they ostensibly share the road with?

It didn't take me long to

find someone who answered yes. There were actually a lot of someones, but the first person to say yes was Rachel Keglowsky, a bicycle advocate who pedals year-round.

After being hit by a car last April, she bought a GoPro camera and started riding with it. "Luckily I got enough information (then)," she explains, "but the lady who hit me was trying to say that I wasn't hurt. Like I was bugging her."

Once while she was riding home at night, a strange male chased her on foot for a while. She wished that she'd been able to record that, too.

"I'm a 24-year-old woman by myself at night. It's not funny."

She also worries about people getting out of their cars to confront her. Riding with a camera is assurance to her that any such incident will be documented.

But like me, Keglowsky wonders if riding with a cam-

era heightens conflict.

Most of the videos I saw were from Britain, which seems to have a much more antagonistic road culture. Cyclists responded with more anger than I would have mustered for seemingly minor violations, like passing too closely on a road. (I was cut off and nearly crushed into the curb by an accordion bus last week and my response was to pass back and — gasp! — take up the full lane. After watching these videos, my response seemed quaint and meagre.)

Considering these encounters uniformly involve the cyclist explaining the rules of the road, and then being beaten up for it, shouldn't we ask other questions? Like, "Why don't drivers already know the rules of the road?"

Jay Smith is a writer who has cycled, walked and run on Edmonton's streets and pathways her entire life.

## ROSEMARY WESTWOOD

### metroview

### Why there's so much bloody fuss about one on-camera kiss

This isn't the hot take.

This isn't an attempt to feed the media storm or public-shaming machine against 17-year-old Daniel Davies, who planted a kiss on the cheek of a TV reporter in Squamish last weekend, and snapped a selfie. This is an attempt to explain why we're talking about it so bloody much.

To quote one boss, "If it was a hot blonde in a bikini top kissing a man, this wouldn't be happening." The kisser wouldn't have faced the threat of the RCMP, she meant (the complaint against Davies was dropped yesterday after he apologized). A male reporter might be annoyed or pissed off, but he wouldn't turn it into a national story. There wouldn't be the hoopla.

I couldn't agree more. But that doesn't mean that reporter Megan Batchelor acted out of line by going to the police. It means you can't compare apples to oranges, or men to women.

Equality between the sexes doesn't exist.

When women live in perpetual fear of rape (ask them, they do), when their bodies are viewed as the playthings of men (still) and when violence against women remains at pandemic proportions, guess what: Women are going to be defensive over their bodies and sexuality.

And rightly so.

It's not good enough to

say, "Oh, it's just a kiss!" No, it's not. It's an unwanted kiss, the kind that got 65-year-old Narinder Jain in Ottawa charged with multiple counts of sexual assault after he went on the most bizarre of sprees — a kissing spree — this summer.

It's also not good enough to wonder, "What's the big deal?" The big deal is, women in our society feel that their bodies are constantly under attack. Women who work in TV, in particular. Take the FHRITP prank.

If we didn't have rampant sexual violence, if we indeed had equality, the kiss might have been laughed off. Batchelor mightn't have taken unwanted advances to be part of a continuum of assault women fear every day. But that's not our world.

What this all means for some guy's hook-up strategy, I couldn't care less. The world is not becoming a colder place because men have to worry about not offending the women. And if even it is, well, that's a small price for some to pay compared to the price women (and men) are paying for sexism.

If you want a society where good-natured signs of affection aren't misconstrued as sexual assault, then consider building the kind of society where women aren't living in fear of sexual assault. We could use your help.

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by Jason Logan

THERE IS BUT A STEP FROM THE SUBLINE TO THE RIDICULOUS

**NAPOLEON I**

# Harpist turns pluck into Style

## VIRAL VIDEO

### Emilie Kahn wins fans with cover of Taylor Swift song

Some musicians would do anything to capitalize on an endorsement from Taylor Swift — but that's simply not Emilie Kahn's style.

The Montrealer has gathered significant attention for her austere cover of Swift's *Style*, which she played on the harp. Her intimate take on the song has been posted by Time, Entertainment Weekly and BuzzFeed — not to mention Swift herself, who retweeted Billboard's post on the song.

For the soft-spoken Kahn — who performs as Emilie & Ogden, Ogden being the name of her harp — it's all a little tough to fathom.

"It's become a bit overwhelming," she conceded in a telephone interview recently, noting that she had to stop monitoring the clip's ever-climbing YouTube view count (more than 200,000 hits and counting).

"It's getting a lot of attention, which is super exciting, but it's also kind of scary just to be, I guess, famous on the Internet.

"I don't want to be known as the girl who did the Taylor Swift cover," she added. "I think with the Internet and all these clickbait websites, it's kind of easy for you to put out a video



Canadian musician Emilie Kahn, above, caught the attention of Taylor Swift, inset, and racked up major YouTube views with her harp version of the singer's song *Style*. YANI CLARKE/HANDOUT

and it just becomes a piece of content for people to share.

"People are reacting really well to the video, saying this touched me and this changed my life — so that's amazing to hear. But I'm also worried

that next week it'll be onto the next thing."

In fact, this should just be the beginning for Kahn.

Emilie & Ogden's debut, 10,000, is due out Oct. 2. It's cinematic and wrenching, with lyrics about "pain and heartbreak" — not necessarily auto-

biographical, she notes — finding an ideal vessel in Kahn's gossamer voice and mournful instrument.

The arrangements on her album are significantly fuller than her stripped Swift cover, although Kahn says her *Style* is an accurate indication of the

intimate feel of her live show.

She chose to interpret the song because she wanted a cover in her set and she's "kind of just a big fan" of Swift.

"(Style) has a really unique mood," Kahn observed. "She writes a lot of huge pop hits, but I think they always have a

really specific subject matter. This song is about the time after you break up with someone and you keep going back to each other.

"I thought that was a very interesting mood that you don't see a lot in pop music."

Kahn was born in Toronto but spent her formative years in Montreal.

She began writing songs as a teen but couldn't commit to an instrument, wandering from flute to piano to guitar.

She went to music school, still trying to locate her passion for piano, when she attended a concert and noticed a harpist accompanying the choir.

"It was love at first sight," recalled Kahn, noting that she's been playing for five years. "When I discovered the harp, it changed my life."

Kahn concedes that while she's stopped absorbing feedback related to her *Style* cover, she might be encouraged by the top-voted comment lurking on YouTube.

"I can't believe I've never heard of you before," wrote a user named Toni C. "I'm definitely buying your album in October. You're absolutely amazing!"

Informed of this, Kahn laughed: "That's nice to hear."

THE CANADIAN PRESS

## FAME AND A HARP WITH A NAME

For the soft-spoken Kahn — who performs as Emilie & Ogden, Ogden being the name of her harp — it's all a little tough to fathom.

"It's become a bit overwhelming," she concedes.

## STREAMING

# New Mindy Project won't be more risqué, Kaling says

Mindy Kaling is blissfully unaware of the numbers Hulu may be hoping for when it comes to streaming new episodes of *The Mindy Project*, which debuts its fourth season on the service on Sept. 15.

"To be honest, after being on network TV for 11 years, I'm kind of happy about that. I'd rather just focus on the creative and I'm happy that they're not trying to pull me into those conversations," Kaling, its creator and star, told *The Associated Press* Sunday.

Fox cancelled the series in

May but Hulu revived it days later, asking for 26 episodes, which is the biggest season order of *The Mindy Project* to date.

"I'm so grateful and I just want to make the show better than it's ever been," said Kaling. "We went from 'We're never doing this show again' to having more work than ever."

The comedy itself won't change too much in its leap to the web where a new episode will be posted each week.

"I think if we really changed the show and made it more ris-

“  
I just want to make the show better than it's ever been.  
Mindy Kaling

qué and put it more on a tilt towards stuff you might find on HBO or Showtime, we would maybe turn off some of our core viewers," said Ike Barinholtz, who is a cast member, producer and writer on the series.

The episodes won't be under

the same time constraints that exist in network television, so they will feature more of the supporting cast like Ed Weeks, Beth Grant and Xosha Roquemore. Kaling said she is happy to give them more screen time because she was a supporting player on *The Office* who appreciated when she had more to do.

The 36-year-old entertainer also hasn't ruled out producing TV for other people and said she would consider it if she found something she was excited by.

For now, her main priority is to her show. THE ASSOCIATED PRESS



Mindy Kaling is happy to have more work than ever. GETTY IMAGES



# She's learned to love running

THE MILE HIGH RUN CLUB

## Lena Dunham's coach shares his tips

Emily Laurence  
Metro in New York

If you think you'll never be one of those people who runs five miles before work or trains for a marathon, don't write yourself off so fast.

Lena Dunham recently confessed she hated running her whole life — until she started training with Matt Wilpers of the Mile High Run Club. "Working with Lena was an awesome experience for me," Wilpers tells us. "I helped transform her attitude about fitness by helping her build confidence." Here, he shares how you can start enjoying it, too.

### Set specific goals

If you aren't one of those people who just naturally loves to run, you need a reason to do it or it can seem a bit pointless. "Some people (set a goal) to work up to their first race, such as a 5K," Wilpers says. "Other people, like my dad, start running to improve their overall health. I think it's really important to set specific and measurable goals so you can track your progress."

### Switch it up

If you think running is boring, try it in a new way. Wilpers says he grew up running the mountain biking trails in his hometown. While that may be hard to do in an urban area, cities boast amazing skyline views. Never underestimate the power of beautiful scenery to make you look forward to a run. Another new way to challenge yourself: Take a treadmill class.

### Do it with a friend

Making friend-dates for a run

It's really important to set specific and measurable goals.

Matt Wilpers, running coach

and indulge in a post-workout smoothie gives you something to look forward to, with the bonus of holding yourself accountable to actually work out. "Before you start running with a friend, set expectations about the run so you can accomplish your goals," Wilpers says. "Then you can spend more time enjoying the company of your friend."

### Come up with a motto

Wilpers says he has lots of mottos that he lives by, but his favourite is "Sharp Body, Sharp Mind." A running motto can keep you going and also can bleed into other areas of your life. "As long as I maintain my fitness, I think clearly and make better decisions," Wilpers says.



"Not usually one to post a paparazzi shot but this fills me with pride," Dunham wrote on her Instagram account when she posted this pic. [INSTAGRAM/LENADUNHAM](#)

BREAKUPS

## Women hurt more, recover better: Study

Women endure more emotional pain when a relationship ends, but once recovered, they could be in better shape than their former other halves, a researcher says.

"Put simply, women are evolved to invest far more in a relationship than a man," says evolutionary researcher Craig Morris of Binghamton University in the U.S., who was involved in recent study on the topic. "A brief romantic encounter could lead to nine months of pregnancy followed by many years of lactation for an ancestral woman, while the man may have left the scene literally minutes after the encounter, with no further biological investment."

Although men feel less pain, they never fully recover, according to the study — they simply move on.

It's a question of biology, says Morris, remarking that women have more to lose by dating the wrong person.

"It is this risk of higher biological investment that, over evolutionary time, has made women choosier about selecting a high-quality mate," says Morris.

"Hence, the loss of a relationship with a high-quality mate hurts more for a woman."

Most of us will experience at least one breakup that causes pain significant enough to decrease our quality of life for weeks or even months, according to the study.

Working with 5,705 participants spanning 96 countries, Morris and his team asked them to rate the emotional and physical pain of a breakup on a scale that represents no pain at one

and ascends to 10, at which point the pain is unbearable.

Women reported higher levels of emotional pain, averaging 6.84 on the scale, while men averaged 6.58. Women's physical pain averaged 4.21 while men's was only 3.75.

For men, their evolution has led them to compete for women's romantic love, which Morris believes diminishes their pain upon losing a high-quality mate.

"The man will likely feel the loss deeply and for a very long period of time as it sinks in that he must start competing all over again to replace what he has lost — or worse still, come to the realization that the loss is irreplaceable," he says.

AFF

## IN BRIEF

Research says women push their boundaries more with vacation sex

Study subjects: Over 850 women aged 18 to 50

**Results:** After participants filled out a survey measuring how risky they perceived certain tourist situations to be, researchers found that being on vacation makes women more open to sexual risk-taking and experimentation.

Being away also ups sexual confidence and makes ladies more likely to push their sexual boundaries.

**Significance:** Many of the women surveyed said that anonymity played a major role. The ability to anonymously participate in sexual fantasies was a big draw for some.

Others went as far as to say that sexual experimentation and erotic thrills were vacation musts. Researchers say that it's the departure from tight schedules, social judgment and everyday responsibilities that ultimately opens the door.

In other words, being away loosens inhibitions.

AFF

PSYCHOLOGY

## This could get ugly: Unsmiling women may be judged harshly

Hadley Boltres  
Metro in New York

Psychologist Susan Krauss Whitbourne wanted to look into why only women seemingly suffer from the so-called "resting bitch face" condition.

Men are more respected when they appear thoughtful. But women who don't smile automatically appear cold, according to the RBF theory, writes Whitbourne in a recent Psychology Today post.

Facial muscles constantly respond to one's inner fleeting emotions, she notes, but why do people quickly conclude personality traits based on facial expressions, not just emotions? We assume that the woman is a "bitch," a trait, rather than tired, worried, or angry, all fleet-

ing emotions, she says.

She looks at a study from the University of Glasgow in 2014 that may give us clues into how people judge "RBF." The study assessed dominance, trustworthiness and attractiveness in different facial expressions. The researchers found that we can communicate power and dominance, but attractiveness could not increase through facial muscle manipulations.

The study only looked at men's faces, so, Whitbourne notes, so it can't tell us how perceptions of dominance in men and women's faces differ.

"But if the RBF theory is true, women looking dominant should be perceived as less attractive than men with similar expressions," she says.



Kristen Stewart has been accused of having an RBF. [GETTY IMAGES](#)

## + HIGH AND LOW DOMINANCE

### High dominance

Wrinkling the nose and snarling the lips, show dominance, according to the 2014 study.

### Low dominance

Raising and lowering the brows, showing dimples, stretching the lips and lowering the chin.





CONTRIBUTED

# THE BEST VIEWS OF JASPER

It is said to offer the best views in Jasper, and who would argue? The Jasper SkyTram is open daily in the summer and fall for a ride that takes visitors to stunning views of majestic mountains, valleys, the Athabasca River and the Jasper townsite below.

Whether on a family camping vacation (well-behaved dogs can come along, too) or with a group, travellers can make a SkyTram visit part of their day, with early morning and evening visits available.

The Trip Advisor website consistently rates Jasper SkyTram as one of the best attractions in Jasper — a beautiful, peaceful, two-hour experience, made all the more convenient with a summertime shuttle service that runs from all major Jasper hotels to and from the SkyTram from May through October.

While average temperatures during the summer is 25 C, it's advised that people dress in layers, as mountain weather can be unpredictable. Visitors have the opportuni-

ty to hike the summit trail from the top of SkyTram, so sturdy footwear is recommended. The same is true for sunscreen, insect repellent, and a water bottle. And don't forget a camera to capture the best views in Jasper.

Jasper Skytram is open daily until Nov. 1. Rates are \$37 for adults 16-plus, \$18.50 for youth 6-15, and free for children younger than five. To avoid lineups, tickets can be bought at [jasperskytram.com](http://jasperskytram.com).

# Mind-bending maze will challenge your bearings

Telling someone to get lost isn't a bad thing at all at the Edmonton Corn Maze — in fact, visitors can pretty much count on getting "directionally challenged" in the five kilometres of twists and turns and 85 decision points that make up the fun, mind-bending maze.

Now open for its 15th season, the Edmonton Corn Maze is a 15-acre specifically designed field of corn, 10 minutes from west Edmonton. While the cut-out paths of seven- to nine-foot-tall stalks of grazing corn takes about an hour to navigate, there are plenty of extra activities (most included with admission) to keep visitors engaged.

Patrons can enjoy jumping pillows, pedal cars and nearby farm animals, while the old farmhouse offers kettle corn, ice cream and drinks for sale. For a modest fee, there are

also rides on the grain train or fun with the newest attraction — spud guns — that fire potatoes out of a cannon.

"People like to get out of the city and do something a bit different," says maze owner Jesse Kraay. "We get busy with many groups starting in September, so August is the perfect time for families to enjoy the facility. You can even pack a meal and enjoy a picnic as part of your visit."


And if you are worried about getting lost, don't. There is a trivia passport, a mobile phone app and staff in the maze to help you find your way out.


For more, visit [edmontoncornmaze.ca](http://edmontoncornmaze.ca).








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# Osuna grounded by family

BLUE JAYS

## Closer's clan behind him since he was 12, playing in Japan

Roberto Osuna looked into the stands at Yankee Stadium this weekend, and there was the welcoming smiles and support from his family there to greet his every success.

Osuna gladly admits one of the biggest reasons he's as successful as he is — he's mowing down major-league hitters at 20 years old as the Blue Jays closer — stems from the bond with his father, mother, twin brothers and sister, who made up his biggest fan group this past weekend when the Jays stunned the Yankees in a three-game sweep.

There is, however, more than simply cheers and excitement for the precocious eldest son; if there's a reason Osuna has so fluidly grasped the rigours of being a major-league closer, it all reflects back to his family.

It seems they are right there on the mound with him, making every pitch. And Osuna has kept that bond in his heart and mind, ever since he left home in Los Mochis, Mexico, as a 12-year-old, to pitch in Japan. He's always pitched against players much older than he was, even at that tender age, and it's helped him acquire the mental makeup necessary to get outs as a closer, one of the major leagues' most steady and intense jobs.

"I've been in situations when I was 16 and my dad told me,

## + NOTES

### Donaldson, Price named AL co-players of the week

Third baseman Josh Donaldson and starting pitcher David Price were named the American League co-players of the week on Monday.

Donaldson batted .385 (10-for-26) with nine runs scored, two doubles, five home runs with eight runs batted in over from Aug. 3 to Aug. 9.

Price went 2-0 with a 0.60 earned-run average and 18 strikeouts in 15.0 innings pitched in his first two starts with the Jays.

### Stroman gets good news

Blue Jays pitcher Marcus Stroman, who tore the anterior cruciate ligament in his left knee during spring training, has been cleared to throw off the mound.

THE CANADIAN PRESS



Roberto Osuna has taken the reins as the Blue Jays closer at the age of 20.

STEVE RUSSELL/TORSTAR NEWS SERVICE

Osuna is now earning a big-league paycheck, but ever since that young age he has brought home money earned through his talents, and it's helped his family stay together under one roof without added worries of working extra jobs to feed four children.

Osuna is proud of the fact his twin 12-year-old brothers, Pedro and Alex, recently shared MVP honours at a tournament in Washington.

10

Osuna notched his 10th save of the season on Sunday

They were at Yankee Stadium, cheering him on with sister, Angie, 16, mom, Guadalupe Quintero, and his father.

Father and son sat down to

dinner in Manhattan to discuss baseball, and the son heard a familiar refrain from the father: do your job and don't try to do too much.

"(Roberto Sr.) came to New York (this past weekend) and we had a talk. We went out to dinner and I had made some mistakes against Kansas City and Minnesota, and he said to me, 'Don't try and do too much. You have 97 m.p.h., go out and make the pitch.'" TORSTAR NEWS SERVICE

## IN BRIEF

### NHLPA files grievance over Richards' termination

The NHL Players' Association has filed a grievance on behalf of centre Mike Richards, contesting the termination of his contract by the Los Angeles Kings.

The Kings terminated the final five years of Richards' contract on June 29, saying the two-time Stanley Cup champion committed "a material breach" of his deal.

The team and Richards have said nothing else about the circumstances of his termination. But Richards was expected to fight it, since he was due another \$22 million.

THE ASSOCIATED PRESS

### Probe into Kane involves woman in her 20s: Source

A person familiar with the police investigation of Chicago

Black-hawks star Patrick Kane tells The Associated Press that it involves something that happened between the player and a woman in her 20s.

The person spoke on condition of anonymity Monday because authorities have not revealed any details of the investigation being conducted by Hamburg police.

THE ASSOCIATED PRESS



Patrick Kane  
GETTY IMAGES

PARAPAN 2015

# Canada adding more gold at track, pool and velodrome

Jason Dunkerley got Canada's track and field team off to a winning start at the Parapan American Games on Monday.

The visually impaired runner from Ottawa raced to gold in the men's 5,000-metre T11 event, finishing with his guide Josh Karanja in a Games-record time of 15 minutes 39.54 seconds.

Chile's Cristian Valenzuela Guzman was second in 16:21.31 while Ecuador's Darwin Castro was third in 16:34.91.

Wheelchair athlete Josh Cassidy of Port Elgin, Ont., also raced his way to the podium on Day

1 of the track meet at the CIBC Pan Am/Parapan Am Athletics Stadium, taking silver in the men's 5,000 T54 race. He finished second to American Daniel Romanchuk in 11:44.92.

In other early results Monday, swimmer Aurelie Rivard of St-Jean-sur-Richelieu, Que., won gold in the women's S10 100-metre butterfly, adding to the silver she won in breaststroke earlier in the Games, while teammate Samantha Ryan of Saskatoon captured the silver.

There was more gold at the velodrome as visually impaired

**"I'm hoping any televised para-sport encourages anyone, whatever their disability, to get out there and try sport."**

Karen Van Nest

cyclist Daniel Chalifour of Mont-Laurier, Que., along with guide Alexandre Cloutier, won the mixed individual pursuit ahead

of Colombia and Brazil.

Karen Van Nest of Warton, Ont., settled for silver in women's archery, blaming jitters in front of the home crowd for partially costing her gold.

Jane Karla Gogel of Brazil edged Van Nest 140-132.

The Canadian said the exposure Paralympic sport is getting in Toronto is a victory in itself.

"I'm hoping any televised para-sport encourages anyone in a chair, or anyone, whatever their disability, to get out and try sport," Van Nest said.

THE CANADIAN PRESS



Alexandre Cloutier and Daniel Chalifour of Canada react to the crowd after winning gold in the 4,000-metre tandem pursuit track cycling event NATHAN DENETTE/THE CANADIAN PRESS



## RECIPE Baked Chicken Caprese with Bocconcini and Tomato



### EAT LIGHT AT HOME

**Rose Reisman**  
rosereisman.com

@rosereisman

**Serves 4**  
**Ready in**

Prep time: 10 minutes  
Cook time: 17 minutes

### Ingredients

- 8 boneless, skinless chicken thighs
- 1/4 cup all-purpose flour
- 2 Tbsp grated Parmesan cheese
- Salt and pepper
- 2 tsp vegetable oil
- 6 oz bocconcini cheese, sliced into 8 thin slices
- 2 plum tomatoes, sliced horizontally into rounds (1/4" thick)
- Chopped fresh basil
- Balsamic Glaze (optional)
- 1/3 cup balsamic vinegar
- 2 Tbsp maple syrup

### Directions

1. Preheat oven to 400 F.
2. Place flour, Parmesan and salt

and pepper in dish. Coat chicken in mixture on both sides.

**3.** In a large hot skillet, sprayed with vegetable spray, add oil and sauté chicken just until browned on both sides, about 5 minutes.

**4.** Place chicken in baking dish. Baked for about 10 minutes or until chicken reaches 165 F.

**5.** Place cheese over top chicken.

**6.** Set oven to broil. Add chicken dish back in oven and broil for 2-3 minutes until cheese melts.

**7.** Garnish with tomato and fresh basil.

**8.** Glaze: In a small skillet, add balsamic vinegar and maple syrup. Bring to a boil and cook for 1-2 minutes, just until bubbles cover entire surface. Drizzle over chicken.

### Nutrition per serving

- Calories 290
- Protein 10g
- Carbohydrates 40g
- Total fat 11 g

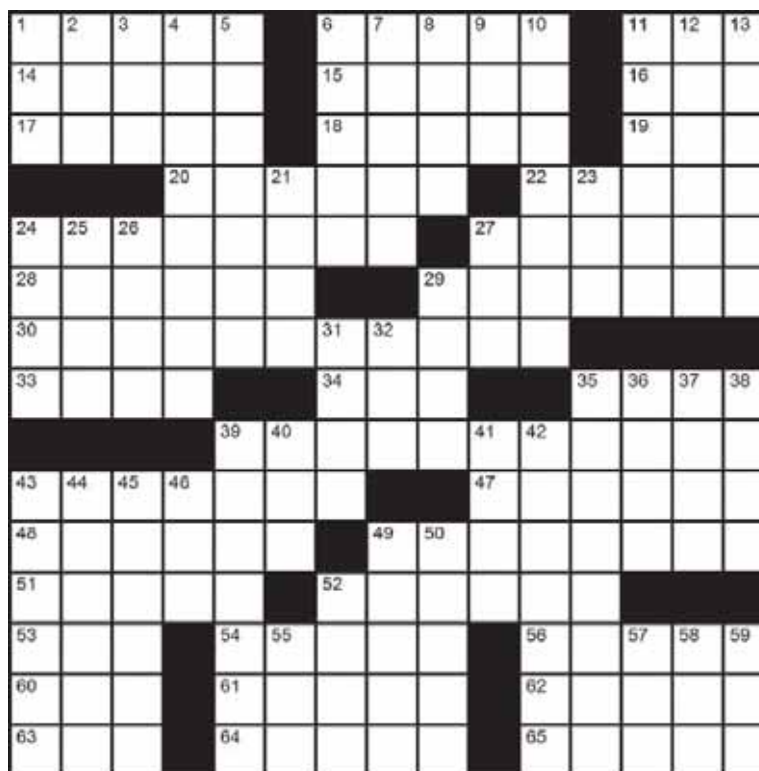
PHOTO: ROSE REISMAN

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. Canadian pickles brand
6. Chocolate substitute
11. Booker T.'s backup
14. Gregorian \_
15. "Drop me \_" (E-Mail me!)
16. Ginger \_
17. Voyageur's craft
18. "Rasputin": 1978 disco hit for \_ M
19. Hockey great Mr. Robitaille
20. Encrusting
22. Pontificate
24. The Ugly \_ by Hans Christian Andersen
27. Eaten away
28. Resounded
29. Washing \_
30. Name of Quebec's flag
33. Gus Van \_ (Film director)
34. \_ Tac-Toe
35. Restaurant receptacle
39. \_ \_ (Thingy on the last letter of the answer to #30-Across, as well as on the last letter of #10-Down's answer)
43. Madonna song with a beach music video
47. Older, to a Scot
48. Teacher's correcting pen content: 2 wds.
49. Most weepy
51. Vocally drop a sound/syllable from a word, as per Rockin' instead of Rocking



52. Oscar-winning actress Hilary's
53. Western prov.
54. HBO political satirist Bill
56. French writer Mr. Zola
60. Address book no.
61. There's \_ \_ to

- it (It requires some finesse)
62. Up-and-coming Canadian singer/songwriter Francesco
63. Poetry's 'Before'
64. Stage in a dragonfly's life cycle
65. Rap star, \_

Dogg

### DOWN

1. E-Mail sending option [acronym]
2. Smashing Pumpkins co-founder James
3. Pepsi holder
4. Blow to end the boxing bout

5. Thief
6. Mountain retreat
7. Sing- \_
8. Tree growth indicator
9. 1969 Three Dog Night hit
10. Sasha Fierce's alter ego

11. Country in Africa where Lilongwe is the capital
12. \_-free bread
13. Break from a group
21. Captain William \_ (Sailor hanged for murder and piracy in 1701)
23. Go team!
24. Meanings of words [abbr.]
25. Calif. campus
26. CBS' "Big Brother" host Julie
27. Station fuel
29. House critters
31. Carve into stone
32. Driver's need, briefly
35. Amulet
36. Drive
37. Many a moon
38. Portable dwelling of Mongolia
39. Offensive \_ (Football position)
40. Call upon
41. Flatbread variety
42. Flops
43. Produce
44. Joseph \_ (Catch-22 novelist)
45. What food is
46. Eliminate
49. Jerk
50. Orbiting astronaut's view
52. Deception
55. "Pick a card, \_ card..."
57. '90s judge
58. Mr. DiCaprio, to pals
59. Clairvoyance, commonly

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
You honestly believe there is nothing you cannot do and that may be true, but don't get so carried away with your own brilliance today that you miss a small but important detail.

**Taurus** April 21 - May 21  
If you rely too much on other people now you will no doubt regret it later on when you discover that they don't know what they are talking about. Sometimes you can be a bit too easygoing.

**Gemini** May 22 - June 21  
Even if you expect the unexpected over the next few days there will still be something that catches you out. The good news is it will be something you like.

**Cancer** June 22 - July 23  
Everything is so quiet at the moment that you could be lulled into a false sense of security. Be careful you don't agree to something that is not in your best interests. You don't have to go along with what others want.

**Leo** July 24 - Aug. 23  
You are entitled to feel pleased with yourself for what you have done, but what you have achieved in recent weeks is only the first stage.

**Virgo** Aug. 24 - Sept. 23  
Your mind has been a bit muddled of late, so don't make any hasty changes. Jupiter's move into your sign today means good things are sure to come your way, but there is no time limit on success.

**Libra** Sept. 24 - Oct. 23  
You seem to be finding it hard to put your thoughts into words at the moment but it could work in your favour as it means you are less likely to give away any secrets.

**Scorpio** Oct. 24 - Nov. 22  
You have come through difficult times relatively unscathed and, more importantly, with your head held high, but don't get carried away because there are more challenges to come.

**Sagittarius** Nov. 23 - Dec. 21  
Are your ideas touched by genius? Some say so, while others say you are mad. But who cares what other people think? It's what you want that matters.

**Capricorn** Dec. 22 - Jan. 20  
The more reserved you have been in recent weeks the more likely it is you will give in to wild abandon. Don't worry too much if you make a spectacle of yourself.

**Aquarius** Jan. 21 - Feb. 19  
You need to admit that you have taken a turn that you did not intend. You need to go back and do something about it. Unless you are enjoying this unexpected diversion.

**Pisces** Feb. 20 - March 20  
Nothing in life happens without a reason and if you bear that thought in mind it should make it easier to deal with an event that on the surface seems senseless. Something sparked it off.

### CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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